

Publications

Research Publications

1. **Mahalakshmi A.L.** Prabhu. Assessment of Risk Factors and Likelihood of Kidney Disease among General Patients. International Journal of Science and Research (IJSR), 8(12), 137–138, December 2019.
2. **Mahalakshmi A.L.** Effect of Relaxation Techniques to Reduce Stress among Senior Citizens. International Journal of Science and Research (IJSR), 9(8), 481–484, August 2020.
3. **Mahalakshmi A.L.** Preceptor Burnout Among Nurses. International Journal of Scientific Research and Review, 10(5), 2021.
4. **Mahalakshmi A.L.** Effectiveness of Video-Assisted Teaching Program on Segregation and Handling of Biomedical Waste among Health Care Workers. International Journal of Innovative Science and Research Technology (IJSRT), 6(5), 174–183, May 2021.
5. **Mahalakshmi A.L.** Case Report on Patient with Regular Hemodialysis and Its Impact on Economic Status. International Journal of Immunological Nursing, 7(2), 23–26, 2021.
6. **Mahalakshmi A.L.** Impact of Electronic Media among School Children. Journal of Nursing Science & Practice, 11(2), 72–78, 2021.
7. **Melja Rani D.** Contributed to the Child Health Nursing section of the Objective Structured Clinical Examination (OSCE) Book published by the Tamil Nadu Nurses and Midwives Council, 2021.
8. Anitha Rajendra Babu, **Monisha A.**, and **Jeyalakshmi K.** Influence of Social Media on COVID-19 Regarding Pregnancy Care among Antenatal Mothers at Selected PHCs. International Journal of All Research Education and Scientific Methods, 10(12), December 2022
9. **S. Abirami.** Knowledge of Exclusive Breastfeeding Practices among Mothers of Infants Attending Immunization Clinic. International Journal of Creative Research Thoughts, 10(1), d673–d680, 2022.
10. **Sabitha R.** et al. Oropharyngeal Exercise on Snoring, Daytime Sleepiness and Anthropometric Measurement among Adults with Obstructive Sleep Apnea. Cardiometry, 26, 747–753, February 2023
11. **D. Shantha Kumari.** Level of Stress and Coping Strategies among Mothers of Autistic Children at Selected Settings with a View to Develop an Informational Booklet. International Journal of Scientific Development and Research, 8(1), 2023

12. **D. Shantha Kumari** Effectiveness of Olive Oil versus Mustard Oil Massage on Pain Perception among People with Osteoarthritis. International Journal of Scientific Development and Research, 2023.
13. **S. Abirami**. The Impact of Self-Hypnosis and Instrumental Music Therapy on Lower Blood Pressure in Hypertension Patients. International Journal of Advanced Research in Nursing, 6(2), 153–158,2023.
14. **S. Abirami**. Risk factors of Cancer Cervix among women. McMed International Journal, 2023.
15. **S. Abirami**. Impact of Therapeutic group. McMed International Journal, 2023.
16. **Mahalakshmi A.L.** & Helen Shaji J.C. The Significance of Bone Mineral Density (BMD) Evaluation in Osteoporosis: A Narrative Review. IJNRD, 9(7),7 July 2024.
17. **Mahalakshmi A.L.** & Helen Shaji J.C. Tai Chi and its Impact on Health. Journal of Datta Meghe Institute of Medical Sciences University, 19(3), 402–405,Jul-Sep 2024
18. **Mahalakshmi A.L.** Prevalence and Risk Factors for Osteoporosis in the Elderly: A Study Using the Osteoporosis Risk Assessment Instrument (ORAI). African Journal of Biomedical Research, 27(4S), 8182–8187, 2024.
19. **S. Abirami**. Facilitators and Barriers of Exclusive Breastfeeding Practices among Mothers of Infants in a Selected District. Journal of Nursing Practice and Research, 1(2), 1–9,2024.
20. Dr. Jeba T., **D. Shantha Kumari**, Geeta Badiger, and **Nandhini B.** Improving Nursing Efficiency and Accuracy through EHR Systems: A Comprehensive Review. International Journal of Interdisciplinary Research, 6(3), 2025.
21. **D. Shantha Kumari**. Challenges and Facilitators of Evidence-Based Practice Adoption among Nurses. International Journal of Drug Delivery Technology, 16(S8), 2026.
22. **S. Abirami**. Assess the Effectiveness of Structured Teaching Programme on Knowledge Regarding Prenatal Care among Primigravida Mothers. International Journal of Research in Engineering, Science & Management, 3.
23. **Melja Rani D.** Authored and published a book on Research Methodology, August 2023.

Paper Presentations

1. **Melja Rani D.** Presented a research paper titled “A Study to Assess the Effectiveness of Facilitated Tucking on Pain Among Infants During Immunization at a Primary Health Centre” at an Academic Conference on 15 May 2026.
2. **Melja Rani D.** Presented a scientific paper titled “A Study to Assess the Effectiveness of Foot Massage on Biophysiological Parameters among Children on Chemotherapy” at the 12th International Conference conducted by Sri Ramachandra College of Nursing on 5–6 January 2025.

3. **Melja Rani D.** Presented a scientific paper titled “Assessment of CVAD-Associated Problems among Children Admitted for Chemotherapy” at the 13th International Conference conducted by Sri Ramachandra College of Nursing on 4–5 January 2026.
4. **S. Abirami** presented a case presentation titled “Informed Consent for Medical Research” at the National Seminar on Consent Form in Emergency Situation conducted by Apollo College of Nursing in 2017.
5. **S. Abirami** presented a scientific paper titled “Correlational Study to Assess the Relationship Between Clinical Satisfaction and Self-Confidence Among B.Sc. Nursing Final Year Students at a Selected College” at the International Conference on Research Design: Mixed Method and Writing Systematic Review conducted by DRIEMS University, West Bengal, in 2026.
6. **Monisha A.** presented a research paper titled “A Study to Assess the Effectiveness of Music Therapy on Pain Perception and Anxiety Level During the First Stage of Labour Among Primigravid Women at a Selected Hospital, Chennai” at an Academic Conference conducted by Rajalakshmi College of Nursing on 15 May 2026.
7. **D. Shanthakumari** presented a research paper titled “A Study to Assess the Level of Stress and Coping Strategies Among Mothers of Autistic Children” at an Academic Conference on 15 May 2026.
8. **R. Sabitha** presented a research paper titled “Effectiveness of Oropharyngeal Exercise on Snoring, Daytime Sleepiness and Anthropometric Measurements Among Adults with Obstructive Sleep Apnea” at an Academic Conference on 15 May 2026.

Poster Presentations

1. **S. Abirami** presented a poster titled “Professional Dignity in Nursing in Clinical and Community Workplace” at the International Conference on Bio Ethicon held at SRM College of Nursing in 2019.
2. **Monisha. A.** presented a poster titled “Invest in Nursing For Global Health” at the International Conference held at Omayal Achi College of Nursing in 2023.
3. **D. Shanthakumari** presented a poster titled “Invest in Nursing For Global Health” at the International Conference held at Omayal Achi College of Nursing in 2023.
4. **Melja Rani D.** presented a poster titled “Cultural Competence in Nursing” at the 1st International Conference held at SRM College of Nursing on 17 March 2026.